

Northrhine-Westfalian Open Men/Women NRW GALA BOTTROP 2019

Schedule

Events only on Invitation			
Uhrzeit	Männer	Frauen	Uhrzeit
11:00	100m V Discus Throw	Pole Vault	11:00
11:05	Triple Jump		11:05
11:20		100m V	11:20
11:30	<i>Shot Put</i>		11:30
11:55	5000m	5000m	11:55
12:25	100m F		12:25
12:40		100m F	12:40
12:45		Discus Throw	12:45
13:00		Long Jump	13:00
13:05	400m Hu F	<i>Shot Put</i>	13:05
13:20		400m Hu F	13:20
13:40	110m Hu V		13:40
14:00		100m H V	14:00
14:30	110m Hu F		14:30
14:45	Pole Vault	100m H F	14:45
14:50	Javelin Throw		14:50
15:00	<i>High Jump</i>	Triple Jump	15:00
15:10	400m F		15:10
15:25		400m F	15:25
15:45	800m F		15:45
16:00		800m F	16:00
16:20		4x100m F	16:20
16:30		<i>High Jump</i>	16:30
16:40	4x100m F		16:40
16:50		Javelin Throw	16:50
17:05	1500m F		17:05
17:15	Long Jump		17:15
17:25		1500m F	17:25
17:40		200m F	17:40
18:05	200m F		18:05